

For more information  
on the S.E.E. Program,  
please log onto

[www.theseeprogram.com](http://www.theseeprogram.com)



Open Your Mind and S.E.E.™

*"I was stunned to realize all that I did not know. Dr. Mittan spoke for two straight days, yet kept his audience captive with his humor, knowledge, and storytelling abilities. I found the conference simply phenomenal."*

*"I'm not scared anymore. I'm grateful beyond what words can express."*

*"This seminar showed me that I could live a normal life."*



™ EPILEPSY FOUNDATION

SOUTH CENTRAL WISCONSIN  
1302 MENDOTA STREET, SUITE 100  
MADISON, WI 53714-1024

608-442-5555 or 800-657-4929

The S.E.E. program is approved to award 17.6 contact hours of **Continuing Education for nurses, #7666**. This continuing nursing education activity was approved by NCNA, an accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation.

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# S.E.E.

## SEIZURES & EPILEPSY EDUCATION

*A conference for adults with epilepsy,  
parents and family members.*

Saturday and Sunday  
October 14 and 15, 2006  
8:30 a.m. to 6:00 p.m.

La Crosse Center  
300 Harborview Plaza  
La Crosse, Wisconsin

Presented in partnership with

Franciscan Skemp  
*Mayo Health System*

Sponsored by

**Epilepsy Foundation  
South Central Wisconsin**

Nonprofit  
Org  
U.S. Postage  
PAID  
Madison, WI



## SEIZURES & EPILEPSY EDUCATION

A conference for adults with epilepsy,  
parents and family members.

### Part 1: Medical aspects of epilepsy

#### Understanding epilepsy

- What you don't know can be more dangerous than seizures.
- What happens and how it affects the brain.
- How you can take control of epilepsy.
- Why some seizures are not epilepsy.

#### Diagnosis is everything

- Why the correct diagnosis depends on you.
- EEG, MRI, CT, PET, SPECT and other scans.
- Exciting new scans – almost science fiction

#### Getting the best seizure control possible

- Everything you ever wanted to know about epilepsy medications
- How to avoid common mistakes, breakthrough seizures and side effects.
- What to do when medication doesn't work.
- Other treatments: surgery, ketogenic diet, brain stimulation, biofeedback.
- The forgotten aspect of epilepsy treatment: lifestyle.
- The new 21<sup>st</sup> century treatments.

#### First aid and emergencies

- First aid for each type of seizure.
- How to handle seizure emergencies.

### Part 2: Emotional and social aspects of epilepsy

#### Family coping

- Unspoken fears: are they realistic?
- Mood, behavior, personality and depression.
- Effective ways of coping: how to get your life back.

#### Social Success

- Where stigmas come from.
- Creating personal and community acceptance.

#### Epilepsy at school and on the job

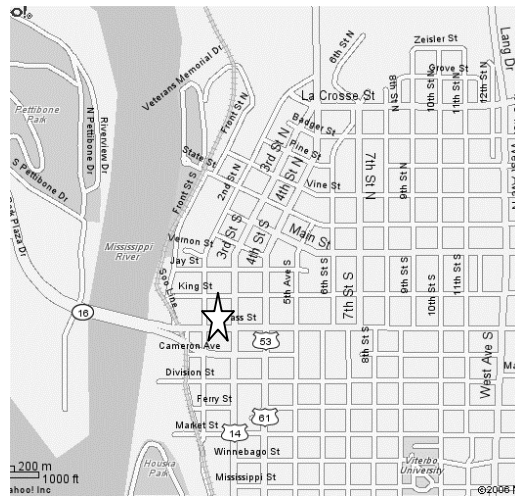
- How epilepsy affects your ability to succeed.
- Educating peers, teachers and employers.

#### Finding help in your community and on the Internet.

## SEIZURES & EPILEPSY EDUCATION

Seizures & Epilepsy Education is an award winning seminar that covers everything you need to know about epilepsy. The program is designed for adults with epilepsy, parents of children with epilepsy, family members and interested individuals. This program shows you how to get rid of the fears, gain control of your seizures and cope successfully with everyday life.

For 25 years, Robert J. Mittan, Ph.D. has been helping people with epilepsy and their families. He is recognized as one of the foremost epilepsy educators in the world. His work helping others has earned many awards and his research on epilepsy has resulted in new and important discoveries.



The La Crosse Center sits on the banks of the great Mississippi river in a city Mark Twain called a "jewel".

The Holiday Inn Hotel & Suites (directly across the street) is offering a special conference rate of \$82 per night. For reservations call 608-784-4444. Please mention the Epilepsy Foundation when reserving your room.

## SEIZURES & EPILEPSY EDUCATION

October 14 & 15, 2006

Please register by October 16.

\_\_\_ Family registration \$75 (2 or more participants per household. Number attending: \_\_\_\_\_)

\_\_\_ Individual registration \$40

Please send completed registration information and check or money order payable to Epilepsy Foundation South Central Wisconsin.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Phone:(H) \_\_\_\_\_

(W) \_\_\_\_\_

E-mail: \_\_\_\_\_

Name/s as you wish to have on name badges: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

You may also register by phone  
by calling the  
Epilepsy Foundation  
South Central Wisconsin at  
608-442-5555 or 800-657-4929

