

Registration Form

Accommodations: Rooms have been reserved at the Novotel Toronto North York Hotel starting at \$130/night, single or double occupancy. Please call 416-733-2929 to reserve a room and inform the hotel that you are with the Epilepsy Ontario conference. Rates reserved until September 27, 2007.

To assist with our statistical and program needs, please note if you are:

- a person with epilepsy
- a parent of a child with epilepsy
- other family member of a person with epilepsy
- friend of a person with epilepsy
- a health care professional
- an educational professional
- an agency/group home staff person
- other, please indicate: _____

Please cut out this registration form and return it with payment to:

Epilepsy Ontario
Suite 308
1 Promenade Circle
Thornhill, Ontario
L4J 4P8

All registrations must be received no later than October 15, 2007. No refunds will be issued on cancellations. This will be considered a donation.

If you have any questions or concerns, please contact Epilepsy Ontario at:

Tel: 905-764-5099
1-800-463-1119

E-mail: info@epilepsyontario.org



www.theseeprogram.com
www.epilepsyontario.org

About the SEE Program

This internationally award-winning seminar covers everything you need to know about epilepsy. You will learn what epilepsy is, how it is diagnosed, and the very latest treatment advancements. You will learn ways to control difficult seizures and the latest research on future treatments. S.E.E. provides hard to find practical approaches to handle the emotional and social impacts of epilepsy.

No seizures and no side effects! That is the goal of treatment in epilepsy. S.E.E. will provide you with the skills and understanding you need to reach for this goal. Dr. Mittan teaches that while not everyone can be seizure free, there is a lot more YOU can do to improve your seizure control.

Seizure control is only part of the battle. You want to get your life back! This program shows you how to do it. Get rid of the fears seizures cause. Get control over your feelings. Learn how to help other understand your epilepsy. Discover how to help your child with epilepsy succeed in school and in life.

About the Presenter



Dr Robert J. Mittan, PhD, is a clinical neuropsychologist. He is the world's leading epilepsy educator. Dr Mittan has been recognized by the International Bureau for Epilepsy and the International League Against Epilepsy for his outstanding

contributions to the world wide struggle against epilepsy. Dr Mittan developed the S.E.E. Program as part of the UCLA Comprehensive Epilepsy Program 23 years ago. Since then he has kept S.E.E. state-of-the-art and presented this life-changing program to over 30,000 people in the U.S., Canada, Australia, and New Zealand.

Who Should Attend

Everyone! This educational program will be particularly helpful to people living with epilepsy, their families and especially parents of children with epilepsy, health care professionals, community agency and group home staff, teachers, day care providers, and anyone interested in learning more about epilepsy.

While the program is easy enough for a sixth grader to understand (yes, children are invited), the program is so comprehensive and up-to-date that it has been approved for nursing and physician education around the United States.

Comments About the Program

"I'm not scared anymore, I'm thankful beyond what words can express."

- Jason Grote

"Dr. Mittan spoke for two straight days, yet kept his audience captive with his knowledge and storytelling abilities. I found the conference simply phenomenal."

- Eileen Krapf

"It's funny, it's touching, it's entertaining, but most of all it is immensely empowering."

- Jan McDaniel

"For years I have been very careful about my treatment, so I was stunned to find out that I was doing things that could cause seizures. Thanks to S.E.E. I haven't had a seizure in months."

- Patrick Mason

SEE SEIZURES & EPILEPSY EDUCATION PROGRAM



October 27 & 28, 2007

Novotel Toronto North York Hotel
3 Park Home Avenue
North York, Ontario

PART ONE

Medical Aspects

Understanding Epilepsy

- Why understanding epilepsy is essential
- How you can take control of epilepsy
- What happens in the brain during a seizure
- Understanding different types of seizures and how it will affect you
- No longer the last to know: a videotape of different seizure types
- Seizures and memory, seizures you don't know about
- Having more than one seizure type, Status Epilepticus
- What causes epilepsy? Why some seizures are not epileptic seizures

Diagnosis of Epilepsy

- Getting the diagnosis right! The hows and whys of observing seizures
- The EEG & intensive monitoring, why doctors often don't find anything
- MRI, CAT, PET & SPECT scans and exciting new scans
- The latest discoveries about the causes of seizures

Getting the Best Seizure Control Possible

- Managing medications the RIGHT way
- Nine new medications for seizures
- Handout: medications and their uses, side effects and warnings
- What to do when the medications don't work
- How to deal with medications side-effects
- Recognizing toxicity and understanding blood levels
- Latest warnings, issues and management approaches
- Other treatments: surgery, VNS, diastat, ketogenic diet, biofeedback
- New research into amazing 21st century treatments

First Aid for Epilepsy

- What to do for each type of seizure and how to deal with emergencies

What Does the Future Hold?

- Chances for complete seizure control
- Can epilepsy go away?

PART TWO

Social & Emotional Aspects

Psychological Problems of Epilepsy

- Coping with the many unspoken fears about epilepsy
- Are these fears realistic? The scientific evidence
- Depression: The most common emotional problem
- Does epilepsy cause personality changes?
- Do medications cause mood or behavioural problems?
- The ONE THING you must watch out for
- Overcoming the barriers inside of you
- The real challenge of epilepsy, putting epilepsy in its place

Family Aspects of Epilepsy

- The hidden ways epilepsy attacks family life: avoiding family pitfalls
- Overprotection and overcontrol
- Birth defects from medication: what to do about it
- Raising a well adjusted child with epilepsy
- Coping with learning problems

Social Aspects of Epilepsy

- Where does the stigma come from, society or self?
- Ways to reduce the stigma
- How you can create personal and community acceptance

Epilepsy on the Job

- How epilepsy affects employability
- How to find employment: job interview skills that work
- Safety on the job: educating your co-workers and your boss
- Keeping employment

Resources: Finding Help

- In your community
- Information on the Internet

Name: _____

Organization: _____

Address: _____

City: _____

Province: _____ Postal Code: _____

Phone: _____

E-mail: _____

- I want to register ___ people at \$94 each (includes lunch and refreshments for both days)

Kindly note that the fees actually cost over \$200 per person. Please consider making a donation to help cover costs and to contribute to assist in sponsoring others to attend this program.

- I would like to support the conference and make a donation in the amount of: \$ _____

Total amount: \$ _____

Payment Options:

- VISA MASTERCARD

Number: _____

Expiry Date: _____

Signature: _____

- Cheque enclosed (please make cheque payable to **Epilepsy Ontario**)

Please contact Epilepsy Ontario at 1-800-463-1119 for individual or family sponsorship information.

